



Top 10 Study Tips

A free gift from Tutor'n 4 All Children — print it and post it where you study!

- 1 Same time, same place.** A consistent routine makes studying automatic.
- 2 Phone away.** Out of sight means out of mind — and better focus.
- 3 Study in bursts.** 25 minutes on, 5 minutes off beats long, tired sessions.
- 4 Quiz, don't re-read.** Testing yourself locks facts into memory.
- 5 Teach it.** If you can explain it, you truly know it.
- 6 Space it out.** A little each day beats cramming the night before.
- 7 Write it down.** Use a planner for every test and project.
- 8 Make it colorful.** Highlight, draw, and use sticky notes for tricky facts.
- 9 Sleep on it.** Rest helps your brain store what you learned.
- 10 Ask for help early.** One good question can save hours of frustration.

Ready to see real results?

Mrs. Barnes offers personalized online & in-person tutoring for pre-K through high school in Kent County, DE. New students: book your first session at the summer rate, and ask about the \$50/month Scholars Club.
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